



Lisa Yoga for All at Kenton Victory Hall – Summer 2025

	Mondays 9.15-10.15am & 10.30-11.30am	Thursdays 8-9pm
Half-Term 1		
Week 1	Easter Monday	24 th April
Week 2	28 th April	1 st May
Week 3	May Bank Holiday Monday	8 th May
Week 4	12 th May	15 th May
Week 5	19 May	22 nd May
Half-Term 2		
Week 6	2 nd June	5 th June
Week 7	9 th June	12 th June
Week 8	16 th June	19 th June
Week 9	23 rd June	26 th June
Week 10	30 th June	3 rd July
Week 11	7 th July	10 th July
Week 12	14 th July	17 th July
Week 13	21 st July	24 July

Mondays Half-Term 1 - £22.50 & Half Term 2 - £60

Thursdays Half Term 1 - £37.50 & Half Term 2 - £60

Booking Information

If you miss any of the sessions in your prepaid block the following options are available to you so you can maintain your practice:

- 1) receive a recorded session to practice at home. This will be sent via a Zoom link (which will have a set expiry date).
- 2) join the Zoom live-streamed class on Wednesdays 5-6pm on this link <https://us02web.zoom.us/j/82294583964>
- 3) or subject to availability attend an alternative class in Kenton, Dawlish or Teignmouth.

If I have to cancel classes I will offer you the option of carrying over any credits or having a full refund.

Please make payment by bank transfer or by card/cheque/cash.

For any further information about this class or support with your yoga practice please contact Lisa.

Phone: 07714 644468

Email: lisayogaforall@gmail.com

Or see website: www.lisa-yogaforall.com