



Garden Yoga for All with Lisa – Summer 2025

Thursdays 11.15am-12.15pm & 5.30-6.30pm	
Half Term 1	
1	24 th April
2	1 st May
3	8 th May
4	15 th May
5	22 nd May
Half Term 2	
7	5 th June
8	12 th June
9	19 th June
10	26 th June
12	3 rd July
13	10 th July
14	17 th July
15	24 July

£7.50 per session

Booking Information

Sessions will take place in my garden, please contact me for the address. Parking is on the street or in Kenton public car park.

Please dress to accommodate all weathers (layers are best), don't forget suncream and sun hats on sunny days.

If you miss a prepaid garden session you can join an alternative class (subject to availability) or receive a yoga recording.

If I have to cancel the class because it is too rainy then I will offer you a refund. Please note the class will still go ahead if it is overcast or light drizzle.

Payment can be made by bank transfer or by card/cash.

For further information about this class or support with your yoga practice please contact Lisa.

Phone: 07714 644468

Email: lisyogaforall@gmail.com

Or see website: www.lisa-yogaforall.com