



Lisa Yoga for All at the Manor House – Summer 2025

Thursdays 2.00-3.00pm	
Half Term 1	
1	24 th April – FREE TASTER SESSION
2	1 st May
3	8 th May
4	15 th May
5	22 nd May
Half Term 2	
6	5 th June
7	12 th June
8	19 th June
9	26 th June
10	3 rd July
11	10 th July
12	17 th July
13	24 July

Half-Term 1 - £30 & Half Term 2 - £60

Booking Information

If you miss any of the sessions in your prepaid block the following options are available:

- 1) receive a recorded session to practice at home. This will be sent via a Zoom link (which will have a set expiry date).
- 2) join the Zoom live-streamed class on Wednesdays 5-6pm on this link <https://us02web.zoom.us/j/82294583964>
- 3) or subject to availability attend an alternative class in Dawlish, Teignmouth or Kenton.

If I have to cancel classes I will offer you the option of carrying over any credits or having a full refund.

Please make payment by bank transfer or by card/cheque/cash.

For any further information about this class or support with your yoga practice please contact Lisa.

Phone: 07714 644468

Email: lisayogaforall@gmail.com

Or see website: www.lisa-yogaforall.com