



Yoga for All at The Alice Cross Centre – Summer 2025

Tuesdays 4.15 - 5.15pm	
Half-Term 1	
Week 1	22 nd April
Week 2	29 th April
Week 3	6 th May
Week 4	13 th May
Week 5	20 th May
Half-Term 2	
Week 1	3 rd June
Week 2	10 th June
Week 3	17 th June
Week 4	24 th June
Week 5	1 st July
Week 6	8 th July
Week 7	15 th July
Week 8	22 nd July

Half-Term 1 - £37.50 & Half Term 2 - £60

Booking Information

If you miss any of the sessions in your prepaid block the following options are available:

- 1) receive a recorded session to practice at home. This will be sent via a Zoom link (which will have a set expiry date).
- 2) join the Zoom live-streamed class on Wednesdays 5-6pm on this link
<https://us02web.zoom.us/j/82294583964>
- 3) or subject to availability attend an alternative face to face class.

If I have to cancel classes I will offer you the option of carrying over any credits or having a full refund.

To secure your place please make payment by bank transfer or by card/cheque/cash.

For any further information about classes or a chat about your yoga practice please contact Lisa.

Phone: 07714 644468

Email: lisayogaforall@gmail.com

Or see website: www.lisa-yogaforall.com